

Minor Eye Conditions Service (MECS)

Do you have a problem with your eye or vision?

Symptoms

- A red or painful eye
- Dry, gritty or uncomfortable eyes
- Eye irritation and inflammation
- A lot of recent discharge from the eye or watery eye
- Flashes or floaters
- Ingrowing lashes
- Recent and sudden loss of vision
- Foreign body in the eye

You can arrange an appointment with your local optical practice.

You should telephone the practice directly to make an appointment.

Free NHS appointments available at local opticians.



Find a Practice

Find a participating practice closest to you, using this QR code or [primarycare.co.uk](https://www.primarycare.co.uk)

